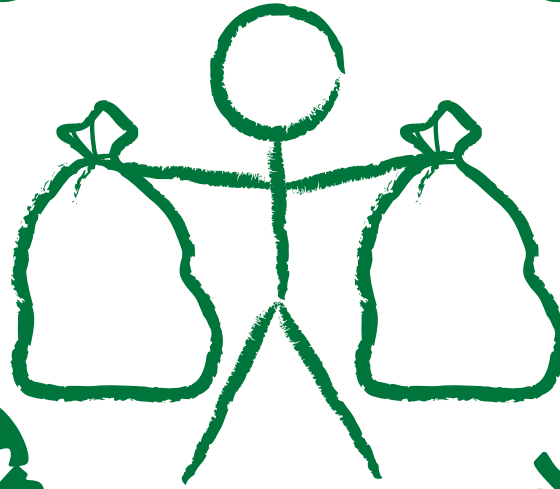




COMMUNITY ASSOCIATION  
GREEN TEAM



# Cascades



# Trash Bash

# Community Cleanup



Semper  
Technology, Inc.



Giant®  
CASCADES



Cascades



**Sunday, April 3, 2011 - 1 PM to 5 PM**  
**Meet in the Potomac Baptist Church parking lot**

Please come out and make a difference in our community by participating in our neighborhood-wide trash cleanup day. Not only will you feel good about your contribution, the community will look that much better and the environment will benefit.

- Snacks and hydration will be provided
- Be extra "green" by bringing your favorite reusable drinking container, and you will be automatically entered into a special drawing
- We have door prizes, cool tee-shirts, and more giveaways to say "Thank You!"
- There will be a wide-range of cleanup opportunities, so bring the entire family
- We will provide the bags, but please bring gloves, sturdy shoes, and insect repellent

For more information and registration, click on the calendar at [www.cascadesva.com](http://www.cascadesva.com)

*More details on other side...*

# Cascades Trash Bash Community Cleanup Details

## When?

- **April 3, 2011 from 1 PM to 5 PM**
- Rain Date: April 10, 2011. Check the Cascades online event calendar for schedule changes at [www.cascadesva.com](http://www.cascadesva.com).

## Where?

- **Potomac Baptist Church**, at 20747 Lowes Island Boulevard, Sterling, VA which is near the intersection of Algonkian Pkwy and Lowes Island Blvd ([potomacbaptist.org](http://potomacbaptist.org))
- Meet in the parking lot at **1 PM** for registration, refreshments, giveaways from our sponsors, and cleanup briefing
- Head out to the cleanup areas in the vicinity at **1:30 PM**

## What are we doing?

The overall mission is to pickup trash around our community. While our lawn care contractor does a great job of picking up trash when cutting the common area grass, trash still accumulates in the brush along our roads and pathways as well as along and in our streams, some of it hard to see.

We will cleanup a wide range of areas, from easy (along pathways and roads) to challenging (around and in the streams), where most of the trash eventually ends up.

Since most of the trash will be recyclable, we will separate these items from other litter.

## Who should come out to help?

Since there are areas with easy access that need attention, we encourage families to join us, as you are never too young to discover the rewards of giving back. For those that want the challenge of bushwhacking and stream wading, we have numerous opportunities for you.

## What to bring?

We will provide the trash bags, refreshments, and water, but please bring:

- Your favorite reusable drinking container (if you don't have one yet, we'll give you one)
- Work gloves, sturdy shoes, and insect repellent
- If you want to help out in the brush or around a stream, you should bring eye protection and appropriate footwear, like boots and waders, available at our local Sports Authority.
- For long stretches along pathways and roads, wagons or carts would be useful to carry the full trash bags.

## Why should you care?

- Trash is pollution, which looks terrible, damages our environment, and kills our wildlife.
- This is a great opportunity to give back where you directly benefit.
- If we don't pick up the trash, who will?

## Ready to join us?

- **Please register** online by navigating to [www.cascadesva.com](http://www.cascadesva.com) and click on the calendar.
- Questions or want to suggest cleanup areas, please contact Mark Lenko at [mlenko@sempertech.com](mailto:mlenko@sempertech.com) or 703-450-8620.

We want to thank our many sponsors for their services, giveaways, and refreshments

**And we want to thank you for caring - Please register today!**